



## **REPORT**

### **MULTIPLIER EVENT NO. 1**

#### **”Types of dietary flour products consumed in Romania, Italy and Hungary”**

**Sinaia, Romania**

**31 JANUARY 2020**

As part of the HYPOGLYCEDIET project - "Cooperation on innovation and exchange of good practice in the hypoglycemia diet for people with diabetes" **Project no.: 2019-1-RO01-KA203-063499** ROMPAN organized the Multiplication Event with the theme "Types of dietetic flour products consumed in Romania, Italy and Hungary" on January 31, 2020 in Sinaia, Romania.

The event was organized in Sinaia to make it more accessible to the participants from all over the country in terms of distance.

The main objective of the event was to disseminate information to the target group on the types of dietary flour products consumed in Romania, Italy and Hungary, but also to present the expected impact of diet products on people suffering from diabetes.

The event was attended by 50 people and its duration was of 4 hours. The target group was represented by specialists in food technology, nutrition and diabetes.

The experts presented the results obtained in order to promote, multiply and transmit the information of the technologies in the food industry as well as among the people suffering from diabetes. All the materials for this event were elaborated in Romanian.

Representatives of BUAS (CO), ROMPAN (P2) and UMFT (P1) also participated in the event.

5 days before the event, the implementation team sent invitations of technologists, nutritionists and diabetes specialists to participate in this event. The event was announced in advance on the project site and the ROMPAN site.

The HYPOGLYCEDIET project - "Cooperation on innovation and exchange of good practice in the hypoglycemia diet for people with diabetes" was presented by Mrs. Daniela Voica from ROMPAN, member of the project implementation team.

Further Mrs. Dana Avram from ROMPAN presented the paper with the theme "Types of dietary flour products consumed in Romania".

Ms. Alexa Ersilia from USAMVBT - Timisoara presented the paper with the theme "Dietary flour products, technology and health impact".

Continuing the program of the event Mrs. Monica Negrea presented the paper entitled "Types of dietary meal consumed in Italy and Hungary".

Ms. Cristina Dehelean presented the paper with the theme "Medicinal plants and supplements with role in the hypoglycemic diet". At the end of the event there were free discussions regarding the information presented during the event.

Participants at the event completed feedback questionnaires. After analyzing them, it was found that the feedback regarding the event was good and it was successful.

All participants in the event received the booklet elaborated with the theme of the workshop and the materials presented.

Elaborated,

Voica Daniela